

April 2010

Volume 7 Issue 4



April meeting - Once again, our speaker for the month was unable to attend. Tahnee Dewhurst from Police Forensic services, was required to attend court. She will now be speaking to us at our November meeting. Instead we had Gary Ransome, speaking to us about things to take into account when choosing a nursing home for either ourselves or ageing parents. The subject was quite complex, and although we were presented with many facts and figures, we would have to study these at length on paper to glean a true understanding of the many financial ramifications involved. Leaflets were available. The talk however was purely financial, rather than a comparison of what is available and how to go about accessing various facilities.



May meeting - Lachlan Burnet speaking on Antiques and valuations will be joining us at our May meeting. If you have any small items of interest that you may wish to bring along he may be able to assess them.



Trading Table

Don't forget to support the trading table. Contributions of desirable bric-a-brac will be much appreciated. Have a browse before you leave.

Monies collected from this will form part of a donation to the National Seniors Foundation plus the Instep programme



DATES TO REMEMBER

- Monday May 3rd at 2.00 pm - Meeting at Ringwood RSL
- Thursday May 6th at 9.30am - Walk at Mooroolbark
- Tuesday May 11th at 7.00pm - Dinner at Club Kilsyth
- Wednesday 12th May at 8.31am from Ringwood - COBA Mornington trip
- Wednesday May 19th at 10am - Lunch at the movies
- Thursday May 28th at 2.00pm - Coffee at Myers
- Saturday May 29th at 10am - Breakfast at Club Ringwood

April Eats

Tuesday May 11th at 7.00pm
 Dinner at Club Kilsyth
 Cnr. Canterbury rd. and Colchester rd.
 Bayswater N.

Bookings - Rita on 9876 1206 or at the April meeting



Our coffee group will meet at Myer's Cafe at 2.00p.m. On Thursday 28th May

If you are in the vicinity, just pop in for a chat and enjoy the company, coffee [and maybe cake].

No need to book

Saturday May 29th at 10am
 Breakfast
 at Club Ringwood

Cnr. Maroondah Highway and Oban rd.

Bookings phone Judith on
9726
5494



Door Signs

On a Maternity room - Push, Push Push

On an Optometrist - " If you don't see what you're looking for you're in the right place"

On a Fence - Salesmen welcome. Dog food is expensive!

A car dealer's - The best way to get back on your feet - Miss a car payment

A Taxidermist - We really know our stuff

If any member knows of anyone who is at present unwell ;please let our welfare officer -[Helen -98794058] know so that we can pass on our best wishes



Phone Helen on 9879 4058

Walking Group

Our walking group meets on the first and third Thursday of the month at 9.30am ; with an extra walk when there are five Thursdays in the month.

A shorter version of the walks is being included for those who would like to join in, but wish to walk a shorter distance

Our first walk this month on Thursday May 6th is at Mooroolbark . This is an easy walk. It is relatively flat along a good track by the creek. We will meet in the car park of the IGA Supermarket.

We walk along the track to Bellara Drive and then return to finish off the morning at the Neighbourhood Church on Manchester Road who run a coffee shop with excellent coffee and a selection of freshly baked cakes.

Our Second walk on Thursday 20th May is at Warrandyte .

This is a pleasant fairly easy walk along the river.

Meet at the carpark at the bottom of Stiggant road. Mel. Ref. 23 D12

We head along the river trail as far as the 'Stonehouse' before returning to the carpark, stopping along the way for morning tea at a choice of coffee shops



In 2010 the committee have resolved that the emphasis will be on gentle exercise, enjoyment and social interaction and we will be walking at a reduced pace.

NOTE -From 1st April walks will be once more commencing at 9.30am

For more information or to book in for a walk contact Judith on 97265494

Inclement weather : - If there is heavy constant rain or the temperature is over 25° at 9.00am [summer], then the walk will be cancelled.

LUNCH AT THE MOVIES

Meet in the foyer at Hoyts Eastland at 10 am. The cost is \$12.50 for the movie and a basket lunch. No need to book, just turn up and join the group.

Wednesday May 19th Men who Stare at Goats

Main cast

George Clooney, Ewan McGregor, Kevin Spacey, Jeff Bridges,
Rebecca Mader, Terry Serpico



Two Strangers set off on a road trip, in war-torn Iraq, during which one recounts the story of his participation in the New Earth Army, a secret special forces US Military Team, trained to use paranormal powers during war. .

Any Queries.....Problems... regarding our activities?

Most activities come with a relevant phone number.

If not choose an appropriate number from the yellow box at the bottom of this page. Any of our committee will be happy to help

Mooroolbark Theatre Group - Thursday June 24th

Tickets Still available- Cost \$13 pp

COBA Trip to Mornington Wednesday 12th May

We will be taking the 8.31am train from Ringwood and 8.24am from Croydon; meeting as usual in the second last carriage. The bus leaves Spencer st. at 9.30am

A man was telling his neighbour, "I just bought a new hearing aid. It cost me \$4000, but it's state of the art. It's perfect." Really, "answered the neighbour. "What kind is it?" "Twelve thirty...."



MAROONDAH-RINGWOOD BRANCH

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Our Committee

General Committee

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Newsletter contributions to :- Tricia Kristensen

Either at the meeting or by emailing to :-

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