



Maroondah Message

Dates to Remember:

- **September 2nd** 9:30 am
Mooroolbark Walk
- **September 6th** 2:00 pm
Meeting at Ringwood RSL
- **September 9th** 7:00pm
Dinner at Lindos
- **September 15th** 10:00am
Movies Eastland
- **September 16th** 9:30am
walk in Warrandyte
- **September 30th** 9:30am
Mullum Mullum Creek Walk
- **October 4th** 2:00pm
Meeting at Ringwood RSL
- **October 10th** 2:00pm
Seniors Jazz Concert
- **October 15th** 10:00am
Bundoora Homestead

August Meeting

At our last meeting our scheduled speaker, Audrey Jones from Croydon Police fell ill and we had a substitute .

Phillipa O'Donaghue , who was originally scheduled to speak with Audrey told us all about Direct2Care a new service funded by the Australian and Victorian Governments to advise people on aged care.

Direct2Care is staffed by experienced and supportive staff that will talk to you one-to-one and help work out what's right for you and the best way to go about getting it. They can make contact with services in your area on your behalf, who will then contact you in turn. Alternatively, Direct2Care staff can provide you with information and advice if that's all you need.

At our next meeting (which is also our AGM) our speaker Keith Edwards of Diggers Seeds will tell us all about staying healthy by growing our own fruit and vegetables.



President's Message

I am preparing this newsletter because Tricia is away on holidays so I thought I would take this opportunity to say a few words.

At the AGM (which I won't be at because Rae and I will be overseas) I am standing down as President. After 6 years, I believe it is time that we had a change and I am looking forward to Helen Fox taking over as President.

It has been my great pleasure and privilege to serve as your President and I would like to thank all of the many committee members who have helped me over the last six years .

Our branch has developed into a very happy and friendly group that most of us are very comfortable belonging to. We must not however get complacent. Groups like individuals need to constantly grow and renew themselves and we must all seek out opportunities to introduce new people to the group and to make sure any new members are made to feel welcome.

We must also all be open to new ideas and activities for the branch and help feed ideas to our committee.



Seniors Week Activities

2010 Victorian Seniors Festival
Be inspired!
3-10 October

NIGHTTIME AT THE HUB JAZZ & MAGIC

Special offer for NSA members and friends - Get in first before the Festival program hits the streets on August 17!

FRIDAY 8 OCTOBER 6.30pm to 10pm \$10
Melbourne Lower Town Hall – Festival Hub
Co-hosted by National Seniors & LACVI
Drinks & snacks available at the bar



Cath Jamison



The Louisiana Shakers

2010 Victorian Seniors Festival
Be inspired!
3-10 October

NIGHTTIME JAZZ & SWING AT THE HUB

Special offer for NSA members and friends - Get in first before the Festival program hits the streets on August 18!

SATURDAY 9 OCTOBER 6.30pm to 10pm \$10
Melbourne Lower Town Hall – Festival Hub
Co-hosted by National Seniors & LACVI
Drinks & snacks available at the bar



You can book for either of the evenings above by calling the NSA Victorian Office on 9650-6144 but before you do, don't forget that we have our own **Jazz Concert on Sunday afternoon 10/10/10** starting at 2:00pm at the Ringwood Bowls Club 12 Loughnan Road Ringwood.

The Maroondah Healthy Aging Network presents an afternoon of **Good Old-time Happy Jazz** with the **Okeh Jazz Band** for only \$10 (includes afternoon tea). Tickets will be on sale at our September and October Meetings or you can ring Peter Feeny.

Bundoora Homestead - October 15th

On Friday October 15th we will be visiting the historic old Bundoora Homestead where we will be able to see the Darebin Art Show before having lunch in their Café.

The Café offers a seasonal menu of house made fare using fresh market produce with most of the light meals being from \$8 to \$10

This is another event where we will car pool and we will leave from the car park at the rear of Sofias at 10:30am.

Please book online at our web site or at the September or October meetings.



Geelong Train Trip - November 16th

Put this date in your diary. More details will be available next month but basically because of the success of our "train" trip to Bendigo we are planning a train trip to Geelong on this day.

Dine-Outs Coming Up

Thursday 9th September 7:00pm dinner at **Lindos** 295 Maroondah Hwy Ringwood (opposite lake).

To book or get more information please contact Rita at the September meeting or on 9876-1206

Brunch - 30th October 10:00am at the **Moo Bar** in Mooroolbark phone Judith 9726-5494



Lunch at the Movies - Wed 15th September



A group of our members has decided to go to the Seniors Luncheon Club at Hoyts Eastland on Wednesday September 15th. It costs \$12:50 for the cinema entry and a basket lunch. The movie starts at 10:30 followed by the lunch and bottomless tea and coffee. Meet at the Theatre at 10:00 am.

The film is "Mother and Child" with Naomi Watts, Annette Bening, Kerry Washington, Samuel L. Jackson, David Morse. Three women's lives share a common core: they have all been profoundly affected by adoption.

Walking Group

Thursday 2nd September 9:30 am Mooroolbark Creek starting out from the car park at the rear of the IGA store in Mooroolbark

Thursday 16th September 9:30 am Warrandyte along the river starting out from the car park at the end of Stigant Street Warrandyte

Thursday 30th September 9:30 am along the Mullum Mullum starting from the car park behind Sofias Maroondah Hwy Croydon



If you are coming on a walk or want more information please contact Judith 9726 5494

Coffee Club - Thursday September 23rd

The coffee club meet on the 4th Thursday of every month at 2:00pm at the coffee shop inside Myers Eastland. You don't need to book anyone is welcome to just show up for a cuppa and a chat (and perhaps a nice cake).

**MAROONDAH-RINGWOOD
BRANCH**

Stephanie Mitchinson

Secretary

National Seniors Association

PO Box 582

Croydon, Vic 3136

Contributions to the Newsletter

Tricia Kristensen

either at the meeting or emailing to:

tricialk@virginbroadband.com.au

Visit us on the web at:

www.seniorsmaroondah.com

Our Committee

President:

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Helen Fox9879 4058

Secretary:

Stephanie Mitchinson....9725 2181

Treasurer:

Eileen McGregor9876 3941

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Gino Barba9876 3619

Judith Griffith9726 5494

Tricia Kristenson9723 9389

Thelma Licheri.....9727 4127

Lyn Paten..... 9729 8717

Sandra Price.....9720-9797

Rita Thomas9876 1206

Kevin Sedawie.....9727 3352

Newsletter

We are always on the lookout for contributions. You can send articles, jokes, news, and especially pictures. Just e-mail them to Tricia at tricialk@virginbroadband.com.au or hand them to me at the next meeting.

COBA Christmas Pantomime

This year the Combined Branches Activities Group will be celebrating Christmas at the **Tivoli Theatre Restaurant**.

For **\$28** you get two hours of carols, comedy and their traditional Christmas Pantomime "Sleeping Beauty" plus a three course Christmas Dinner with free Soft Drink and Wine.

There are two dates to choose from **Tuesday 23rd November** and **Thursday 25th November**. Please use our website to book online or book at our September meeting and pay by our November meeting.



The Tivoli is at 1390 High Street Malvern. You will need to make your own way (or speak to someone at our meeting to get a lift). By public transport Tram No 6 (Glen Iris) Stop 48 is at the door or you can drive.



Dead and Buried

When the small-town minister turned out on Sunday morning, he saw in the church driveway a dead mule, victim of a Saturday night driver.

The preacher hastened to the phone and called the mayor. "Why tell me?" asked his Honour, "I thought you preachers buried the dead!"

"We do", said the preacher, "but first we always like to notify next of kin!"

PO Box Change.

Please note that the postal address of our branch is now: PO Box 582 Croydon VIC 3136