

November 2009

Volume 6 Issue11



Maroondah Message

November meeting. This month we had Joan Sweet; One of our own members, speaking to us of her experiences while teaching in indigenous communities.

She had many photos and interesting stories to tell of her very rewarding time there.

Joan works as a volunteer and gives her time in this way on a regular basis and it certainly could be gleaned how much her efforts and those doing similar work were appreciated.

December meeting. Instead of our usual meeting we will be holding our christmas lunch at Tokar Estate, Coldstream.



January meeting -we will be holding our barbeque at Lilydale Lake.

Details in next newsletter

GUEST SPEAKERS

If anyone has any information on possible guest speakers or would like to hear one that visited some time ago that they may have missed, please contact Sandra Price .



DATES TO REMEMBER

Thursday December 3rd at 9.30a.m. - Walk at Ringwood Lake

Monday December 7th at 12 .15p.m. - Christmas lunch at Tokar Estate

Wednesday December 9th - Lunch at the movies

Thursday December 17th at 9.30a.m. - Walk at Lilydale Lake

Tuesday December 22nd at 12.30p.m.- Lunch at the Warrandyte Retreat

December Eats

Ho Ho Ho
Monday December 7th
Time 12.15pm for Lunch

Tokar Estate Winery

6 Maddens Lane
Coldstream



A few Gentle thoughts

Birds of a feather flock together and crap on your car

There's always much to be thankful for. For instance, I am sitting here thinking how nice it is that wrinkles don't hurt.

One of the nice things no one tells you about ageing is that it is such a nice change from being young.

First you forget names, then you forget faces, then you forget to pull up your zipper. It's even worse if you forget to pull it down!

Long ago, when men cursed and beat the ground with stick, it was called witchcraft. Now it's called golf!



No Coffee group this month

Tuesday December 22nd
12.30p.m. Lunch at the Warrandyte
Retreat
104 Melbourne Hill rd.
Warrandyte
Licensed and Byo wine only
Bookings - Rita on 9876 1206



If any member knows of anyone who is at present unwell ;please let our welfare officer know so that we can pass on our best wish



Phone Helen on 9879 4058

Walking Group

Our walking group meets on the first and third Thursday of the month at 9.30am ; with an extra walk when there are five Thursdays in the month.

A shorter version of the walks is being included for those who would like to join in, but wish to walk a shorter distance

Our first walk this month on Thursday December 3rd. at Ringwood Lake.

Meet at the Lake carpark. Access to this is from Mt.Dandenong rd., down a driveway just before the Ampol petrol station when heading towards Ringwood.



This is a pleasant walk around the Lake and up to Dublin rd. , going into Railway parade, East Ringwood, where we partake of morning refreshments at one of the local coffee shops. We then trace our steps back to the Lake. A second circuit of the Lake can be completed by the more energetic.

Our second walk for the month on Thursday December 17th at Lilydale Lake

Meet in the main Lake carpark off Swansea rd.

This is a medium length walk and is fairly flat.

After a circuit of the Lake we walk through to Hardy st. for morning tea / coffee and cake etc. before returning to the Lake. Once more, a second circuit is on offer for the more energetic , or if you wish to walk off morning refreshments!

NOTE - From January to March the walks will be commencing at 9.00a.m.

For more information or to book in for a walk contact Judith on 97265494

Inclement weather : - If there is heavy constant rain or the temperature is over 25° at 9.00am [summer], then the walk will be cancelled.

LUNCH AT THE MOVIES

Meet in the foyer at Hoyts Eastland at 10 am. The cost is \$12 for the movie and a basket lunch. No need to book, just turn up and join the group.

WEDNESDAY DECEMBER 9TH

AMELIA

Main cast

Hilary Swank, Richard Gere, Ewan McGregor, Virginia Madsen, Christopher Eccleston, Mia Wasikowska
Synopsis



An extraordinary life of adventure, celebrity and continuing mystery comes to light in AMELIA, a vast, thrilling account of legendary aviation pioneer Amelia Earhart (two time Academy Award® winner Hilary Swank).

Any Queries.....Problems... regarding our activities?

Most activities come with a relevant phone number.

If not choose an appropriate number from the yellow box at the bottom of this page. Any of our committee will be happy to help

COBA Activities for 2010

Tours - More details on Website

March 21st / 22nd - 2day / 1 night tour - Best of Echuca
 \$259.00pp [S/Supp\$50.00] Deposit of \$50.00pp by 31st December.

June 20th: 6 day/5 night - Best of Mildura / Broken Hill / Edge of the Outback
 \$898.00pp [\$220.00 S/Supp]

September 12th: 5 day /4 night - Best of the Tumut Valley
 \$669.00pp[\$150.00 S/ Supp]

Activities

May 13th - This is a day tour of the Mornington Peninsula-we join bus at Southern Cross Station - Members get to Sthn Cross bus terminal by train or tram- [like Corio Bay last year]. We Tour Vineyards - Goat farm - lunch in Rye - then back to Southern Cross Station about 4.30pm.

July 29 th Xmas in JULY - Skye Restaurant - Mount Dandenong

Nov 23rd Christmas Pantomime - Tivoli Theatre - As was the case this year we are booking both the Tuesday & Thursday.

Nov 25th It will be the typical Xmas fare - with a 2 hour feature of Carols & Sleeping Beauty [Pantomime]

MAROONDAH-RINGWOOD BRANCH

Correspondence to:- Stephanie Mitchinson - Secretary

National Seniors Association/Maroondah-Ringwood Branch PO Box 1181, Croydon, Vic 3136

Our Committee

General Committee

President

Peter Feeney.....9879 0622
 email;- peter@innsys.com.au

Vice-President

Helen Fox.....9879 4058

Secretary

Stephanie Mitchinson...9725 2181

Treasurer

Eileen McGregor.....9876 3941

Policy Officer

Eileen McGregor9876 3941

Gino Barba.....9876 3619

Judith Griffith.....9726 5494

Tricia Kristensen.....9723 9389

Thelma Licheri.....9876 3770

Lyn Paten.....9729 8717

Sandra Price.....9720 9797

Rita Thomas.....9876 1206

Kevin Sedawe.....9727 3352

Newsletter contributions to :- Tricia Kristensen

Either at the meeting or by emailing to :-

tricialk@virginbroadband.com.au

WEB www.seniorsmaroondah.com