

September 2006
Volume 3, Issue 7

Maroondah Message

DATES TO REMEMBER

	See Page
2 October: Next meeting at RSL "Arthritis and Dinosaurs"	1
3 October: "Medication Misadventures"	3
5 October: Walk at Lilydale Lake	1
12 October: Lunch at Smiles on the Golf Course	2
19 October: Walk to Beasleys	1
26 October: Coffee at Myer at Eastland	2
2 November: Trip to Werribee Zoo	2
8 November Dinner at Thai Chaiyo	2
10 November: Theatre Night	3
4 December: Christmas Lunch	3

Live Theatre



At our September meeting Gaye Gay spoke passionately about live theatre. We gained an understanding about the development of theatre from early times to the present day.

Our next meeting is on Monday 2 October, 2006 at 2 pm at Ringwood RSL. Nicole Everad will talk on "Arthritis and Dinosaurs".

Annual General Meeting

Jan Sparke from the National Seniors Association Head Office, attended the Annual General Meeting held on 2 September to conduct the election of the Maroondah Branch committee for the coming year.

The 2005/06 committee was re-elected for 2006/07 with only one change: Judith Griffith replacing Jan Black on the general committee. All office holders retained the same positions for 2006/07. A list of Committee members and their contact numbers is available on page 3 of this newsletter.

Walking Group

Thursday, 5 October and 19 October

The walking group walks on the 1st and 3rd Thursday of each month.

Rae has found a new walk for us: On 5 October we will walk at Lilydale Lake. Meet at 9.30 am in the car park off Swansea Road, Lilydale.

On 19 October we will meet at 9.30 am in the car park in the Buck Reserve (Reynolds Road Entrance) corner Reynolds and Springvale Roads, Donvale and walk to Beasleys.



Lunch Group

Thursday, 12 October

The lunch group alternates with the dinner group, meeting every other second month, and alternating between 2nd Wednesday and 2nd Thursday.

The group will eat again at:

Venue: All Smiles Cafe on the Course
Address: Ringwood Golf Club, Canterbury Road, Ringwood
Date: Thursday, 12 October, 2006
Time: 12.30 pm
Bookings: Phone Marion on 9879 7235 or book at the October meeting (2 October).



Dinner Group

Wednesday, 8 November

The dinner group meet every second month, alternating between 2nd Wednesday and 2nd Thursday.

Our next dinner is at:

Venue: Thai Chaiyo,
Address: 16 Hewish Road, Croydon,
Date: Wednesday 8 November.
Time: 7 pm
Bookings: Phone Tricia on 9723 9389 or book at the November meeting.

Coffee Club

Thursday, 26 October

The Coffee Club meets on the 4th Thursday of each month at 2 pm. We are meeting at the coffee shop inside Myer, Eastland.

No need to book, just come for a cuppa and a chat. All are welcome.

Garry would like the company of more men!! We won't talk about the pros and cons of front or top load washing machines!!

Werribee Zoo Trip

Thursday, 2 November

This is a guided safari tour of Werribee Open Range Zoo to view the grassland animals (and imagine we are in Africa). A two-course lunch, tea and coffee will be enjoyed at Werribee Golf Club, which overlooks the cliffs and ocean. We will travel to the zoo by bus and about twelve seats are still available. If you need a ride to and from Sofia's (the departure point) let Garry or Peter know.

Departure: Sofia's Restaurant, Maroondah Highway, Croydon
Date: Thursday, 2 November
Time: 8.30 am
Cost: \$45 - to be paid to Eileen at the October meeting
Bookings: Ring Eileen (9876 3941) or Peter (9879 0622)

Theatre Night

Friday, 10 November

A number of members have booked to go to "Murdered to Death".
The cost, \$15, will need to be paid to Eileen or Tricia by our November meeting.

Christmas Lunch

Monday, 4 December

We have booked this year's Christmas lunch venue at Casalinga and the menu is garlic bread, a main course of turkey, or optional other, Christmas pudding, or optional other, followed by tea or coffee.

Venue: Casalinga,
Address: 11 Maroondah Highway, Croydon
Date: Monday, 4 December, 2006
Time: 12.30 pm
Cost: \$25.00 (the meal is being subsidized by our Branch).
Payment: November meeting
Bookings: Contact Eileen as soon as possible on 9876 3941



" Medication Misadventures "

from National Seniors Head Office

National Seniors and Pharmacy Guild of Australia are combining to present "A dynamic and interactive session. Audience participation with a panel of consumer participants, medicos and pharmacists, discussing medication misadventures."

Venue: Hotel Y,
Rooms 3 and 4
Address: 489 Elizabeth Street, Melbourne
Melway 2B C12
Date: Tuesday, 3 October 2006
Times: Session 1 - 10 am to 12 noon
Session 2 - 1.30 pm to 3.30 pm
Cost: \$2.00
Further information and bookings (03) 9620 1311.

National Seniors Association

Maroondah-Ringwood Branch
Stephanie Mitchinson
Secretary
National Seniors Association
PO Box 1181
Croydon, Vic 3136

Letters to the Editor (and Subscriptions)

Peter Feeney
11 O'Neill Way
Warranwood, Vic. 3134
Email: peter@innsys.com.au
Visit us on the web at:
www.seniorsmaroondah.com

Our Committee

President: Peter Feeney 9879 0622
Vice-President: Garry Tatnell 9725 0891
Secretary: Stephanie Mitchinson . . 9725 2181
Treasurer: Eileen McGregor 9876 3941
Policy Officer: Eileen McGregor 9876 3941

General Committee:

Marion Cairnduff 9879 7235
Rae Feeney 9876 1577
Helen Fox 9879 4058
Judith Griffith 9726 5494
Tricia Kristenson 9723 9389
Thelma Licheri 9727 4127
Rita Thomas