

APRIL, 2019

Volume 16, Issue 4



Maroondah Message

Dates to Remember

- **May 2**—Warrandyte Walk
- **May 6**—Branch Meeting at Maroondah Sports Club
- **May 7**—Morning Melodies at Karralyka
- **May 15**—Dinner at Okami Japanese Restaurant
- **May 16**—Taralla Creek Trail Walk
- **May 19**—Labassa Mansion visit
- **May 30**—Beasley's Walk



Our next coffee gathering will be held on **Thursday, May 23, 2:00 p.m.** at **De-gani Café, Eastland**. This is situated in the same place as the former Café Zukka on the ground floor near the rear entrance to Myer.

APRIL MEETING



Known for her work in radio and television, April's speaker, Annette Allison, spoke about the Royal Flying Doctor Service for which she is the current Public Relations Officer.

The Royal Flying Doctor Service was founded by Rev. John Flynn who saw the need for the service while residing in the outback. The service began in 1928 with one aircraft.

From its humble beginnings the R.F.D.S. is now the most comprehensive, free, not-for-profit service of its type in the world. It provides not only airborne emergency intensive care units, but is now also involved in primary healthcare around Australia including diabetes education and treatment, mobile eye care clinics and mental health clinics among many others.

At the completion of Annette's presentation members donated generously to this most worthwhile cause.

NEXT MEETING

Our next meeting will be on **Monday, May 6**, at Maroondah Sports Club, Mt. Dandenong Road, Ringwood beginning at 2:00 p.m.

Entry to members and visitors begins at 1:40 p.m. Entry cost is \$4 which includes afternoon tea and entry into our lucky door prize competition.

Our speaker at this meeting will be Peter Somerville from Maribyrnong River Cruises. Peter's talk will include interesting information about the history of the Maribyrnong River.

ACMI MATINEES

Sunday, May 19 at 11:00 a.m.—*Stan & Ollie* - The heart-warming true story of Hollywood's original kings of comedy, the legendary Laurel and Hardy, is brought to the screen in uncannily note-perfect characterisations by Steve Coogan as Stan Laurel and John C. Reilly as Oliver Hardy. 98 minutes

Matinee price for Seniors is \$8. You can book online but purchase your own ticket when arriving at ACMI which is just a short walk from Flinders Street Station. Meet at **Ringwood** railway station to take the **9:55 a.m.** train which comes from Belgrave via Heathmont. This arrives at Flinders Street at 10:37. Travel in the second carriage from the front.

MORNING MELODIES



Payments for May 7 presentation, ***Great Tenors***, are now overdue.

Tuesday, June 11, ***You're My World—The Cilla Black Story***—payments are due at the May meeting.

Tuesday, July 9—***We've Only Just Begun— The Carpenters Show***—payments are due at the June meeting.

Tuesday, August 6—***The Daryl McKenzie Big Band***—Payments are due by the July meeting.

Tuesday, September 10—***Walt-Sing Australia***—A 100 years of Australian song and singers

Tuesday, September 26—***Leading Man***—Ian Stenlake

MEMBERSHIP NUMBERS AND PERSONAL DETAILS

If you have not already done so, please notify the committee member on the sign-in desk about your National Seniors membership number and your home address and telephone number in case of emergency.



<https://www.facebook.com/nsamaroondah/>

WALKING GROUP

All at 9:30 a.m.

Thursday, May 2 — Warrandyte Walk Meet at the car park at the bottom of Stiggant Road, Melways Ref. 23 D12. We head along the river trail as far as the *Stonehouse* café before returning to the car park, stopping along the way for a break at a choice of coffee shops.

Thursday, May 16—Croydon—Taralla Creek Trail Park at the car park at the shops on the corner of Eastfield and Bayswater Roads, which is just a short walk from Taralla Creek Trail. We walk along the trail through to Croydon Main Street, for a coffee break at one of the many cafes – before returning along the trail to our cars.



Short version—park at the end of Lusher Road and join the walk as it comes past (approx. 10-15 minutes later).

Thursday, May 30—Beasley's starting out from the car park at the rear of the Hockey Centre on Reynold's Road, near the intersection of Springvale Road, Melways Map 34 G7. We walk along the scenic Mullum Creek Linear Park to this popular nursery to partake of a refreshing tea or coffee, before returning along the park.

Please note arrangements for extremely wet days:

We will meet at the usual meeting place for the walk of the day and then drive to the café we would have walked to.

Please contact Peter Feeney, 0412 106 604, for more details about any of the walks.

Dine-outs Coming Up

Dinner: Wednesday, May 15 at 7:00 p.m.—Okami Japanese Restaurant, Shop 1/25 Fletcher Road, Chirnside Park.

Dinner bookings can be made on line or by phoning **Kathleen Jackson on 9723 4919.**

In the event that you book for a dine-out and are unable to attend, please let the person responsible for the booking know as soon as possi-



YOGA FOR SENIORS

New Seniors Yoga class at Asha Yoga in Croydon. Wednesdays at 1:30pm

Improve your mobility, flexibility and strength with this gentle flowing yoga class. Suitable for seniors and those who may find a traditional yoga class challenging. Class may be on a chair, on the mat or anywhere in-between!

\$29 for 3 classes.

Details: Michelle 0408-307-305

**MAROONDAH-RINGWOOD
BRANCH**

Correspondence to:
Secretary
National Seniors Australia
PO Box 582
Croydon, Vic 3136

Contributions to the Newsletter

Carol O'Brien
at the meeting or emailing to:
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Visit us on the web at:

www.maroondahnationalseniors.org.
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OUR COMMITTEE

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Kathleen Jackson 9723 4919
Peter Waters 9725-3079
Lyn Paten 9729 8717...
....Trish Nixon.....9725 5883

GET WELL WISHES...

to all our members who are unwell. If you know of anyone who is sick at home or in hospital please contact our Welfare Officer, **Anne Hamilton** on 0408 382 608 so that she can send them personal messages.



**NOTICE FROM NATIONAL SENIORS REGARDING
MEMBERSHIP PRICE CHANGES**

Please note that National Seniors have increased their membership fees in line with CPI increases.

The new fee structure, which commenced on 1 March 2019, is as follows:

| | |
|---|------------------------|
| 1 Year Single \$45 | 1 Year Joint \$75 |
| 2 Year Single \$80 | 2 Year Joint \$125 |
| 3 Year Single and Joint are no longer offered | |
| 5 Year Single New \$195 | 5 Year Joint New \$295 |
| Lifetime Single \$425 | Lifetime Joint \$650 |

DATE FOR YOUR DIARY

BELEURA HOUSE AND GARDENS TOUR

Tuesday, October 22

As bookings for tours of Beleura in Mornington fill very quickly, we have reserved the above date for our branch.

The cost is \$39 concession which includes entry, guided tours, morning tea on arrival and a light lunch.

Car-pooling will be organised later.



In order to meet Beleura's payment requirements, members who book will need to finalise their payment by September 20.



.....to those members who celebrate their birthdays in May:
Gertraud Lederer (4) and Marilyn Waters (24)