

AUGUST, 2019

Volume 16, Issue 8



# Maroondah Message

## Dates to Remember

- **August 31**— Breakfast at Groove Train
- **September 2**— Branch meeting at Maroondah Sports Club
- **September 5**— Beasley's Walk
- **September 12**— Dinner at Thor-Ra-Nee
- **September 19**— Heathmont Rail Trail Walk
- **September 26**— Tarrawarra visit for Archibald Exhibition

## AUGUST MEETING

At our August meeting Sharon Meek from Emergency Medical Services spoke about their **safeTcare** device, a wearable medical alert device that helps you summon emergency assistance when needed. The small device includes a built in speaker, two way talk, auto fall detect and 24/7 SOS monitoring. When the button is pushed or if a fall is detected, you are connected within seconds to a professional response and monitoring centre and you will immediately receive the help you need.



If you were not at our August meeting and you are interested in reading further information there will be some brochures available at our September meeting.

If you would like to contact Sharon to discuss the device further you can call her on 0428 741 434.



Our next coffee gathering will be held on **Thursday, September 26, 2:00 p.m.** at **Degani Café, Eastland**. This is situated in the same place as the former Café Zukka on the ground floor near the rear entrance to Myer.

## NEXT MEETING

At our meeting, on September 2, Dr. Geoff Crawford, microbiologist, will discuss **what lies beneath**. Sounds fascinating!.

Entry to members and guests is at 1:40 p.m. with an entry fee of \$4 which includes a ticket in our lucky door prize competition.

Peter Feeney will collect any outstanding payments for Morning Melodies at Karralyka, outings to the Archibald Exhibition at Tarrawarra and the visit to Beleura House and Gardens.

***A BLAST FROM THE PAST!******TWO-MONTH ONLY SPECIAL EVENT TRADING TABLE***

For our October and November meetings only, we will be holding a special trading table to raise funds for our branch.

On these two meeting days you can bring along your pre-loved novels (only those of recent vintage please) and your unwanted jewellery and bric-a-brac in good condition.

Please do not use this special event as an alternative to a visit to the local op-shop to drop off loads of unwanted items, as was sometimes the case with our regular trading table, as it is difficult for organisers to cope with very large amounts of donations.

Any items that are not sold at the October and November meetings will need to be reclaimed by their donors or we will donate them to a local charity.

***BLACKBIRD CRUISES OUTING******Thursday, November 14******Cost: \$30 per person***

Many of you will remember our speaker, **Peter Somerville**, who spoke about the history of the Maribyrnong River.

We have organised an outing on his boat **Blackbird** beginning at 1:00 p.m. on Thursday, November 14. The cruise is for a duration of 2 hours and takes in many of the important historical sites along the Maribyrnong River.

Travel will be by train from Ringwood Station (departing at 11:10 a.m.) to Flinders Street and from there to Footscray Station which is only a leisurely 10 minute walk away from the vessel. Other travel details will be announced closer to the date.

There is a local fish and chipper (Conway's) nearby for those wishing to purchase something to eat or you may prefer to take your own lunch.

You can book and pay online or at our branch meeting.



<https://www.facebook.com/nsamaroondah/>

## **WALKING GROUP**

***Walks all at 9:30***

**Thursday, September 5— Beasley's** starting out from the car park at the rear of the Hockey Centre on Reynold's Road, near the intersection of Springvale Road, Melways Map 34 G7. We walk along the scenic Mullum Creek Linear Park to this popular nursery to partake of a refreshing tea or coffee, before returning along the park

**Thursday, September 19 —Heathmont Rail Trail** Starting out from Ringwood Lake car park off Mt. Dandenong Road, to Heathmont via the Heathmont Rail Trail for a welcome cuppa before returning along the trail.

**Please note arrangements for extremely wet days:**

**We will meet at the usual meeting place for the walk of the day and then drive to the café we would have walked to.**

**Please contact Peter Feeney, 0412 106 604, for more details about any of the walks.**



## *Dine-outs Coming Up*



**Dinner: Thursday, September 12 at 7:00 p.m.—Thor-Ra-Nee**, 434 Maroondah Highway, Ringwood (Burnt Bridge Shopping Centre) Thai cuisine

**Dinner bookings** can be made on line or by phoning **Kathleen Jackson on 9723 4919.**

**Breakfast: Saturday, August 31 at 9:30 a.m.— Groove Train**, Chirnside Park, Maroondah Highway, Chirnside Park. (Near Reading Cinemas).

**Breakfast** bookings can be made on line or by phoning **Judith Griffith on 0413472697**

**In the event that you book for a dine-out and are unable to attend, please let the person responsible for the booking know as soon as possible.**

## **GET WELL WISHES...**



to all our members who are unwell. If you know of anyone who is sick at home or in hospital please contact our Welfare Officer, **Anne Hamilton** on 0408 382 608 so that she can send them a personal message.

Special good wishes to Bev Jackson who is now well on the mend after a stint in hospital. Also, best wishes to Xanthoula Wrigley who was not well enough to attend our AGM. We hope that you are both feeling much better and look forward to seeing you soon.

**MAROONDAH-RINGWOOD  
BRANCH**

Correspondence to:  
Secretary  
National Seniors Australia  
PO Box 582  
Croydon, Vic 3136

**Contributions to the Newsletter**

Carol O'Brien  
at the meeting or emailing to:  
carol.obrien6@outlook.com

**Visit us on the web at:**

www.maroondahnationalseniors.org.  
au

**OUR COMMITTEE**

**President:**

Helen Fox .....9879 4058  
email: helenfox70@gmail.com

**Vice-President:**

Gilda Lawrenson 9870 0819

**Secretary:**

Carol O'Brien 9736 9015

**Treasurer:**

Peter Feeney .....0412 106 604

**General Committee:**

Anne Hamilton .....0408382608

Judith Griffith .....0413472697

Kathleen Jackson 9723 4919

Peter Waters 9725-3079

Lyn Paten 9729 8717...

....Trish Nixon.....9725 5883

**MORNING MELODIES**



Tuesday, September 10—**Walt-Sing Australia**—A 100 years of Australian song and singers—payments should now be finalised.

Tuesday, November 26—**Leading Man**—Ian Stenlake—Payments are due by our October meeting.

**REMINDERS AND DEADLINES**

**ARCHIBALD PRIZE EXHIBITION**

**Thursday, September 26**

**313 Healesville-Yarra Glen Road, Healesville**

**Entry \$14 concession**

For car pooling meet in the car park at the rear of Sofia Restaurant in Maroondah Highway, Croydon at 10:00 a.m.

Our group has a reserved entry time of 11:00 a.m.

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**BELEURA HOUSE AND GARDENS**

**Tuesday, October 27**

**Entry \$39**—includes morning tea on arrival, tours and light lunch.

Bookings and payments are to be finalised by our next meeting on September 2.

**Great Hearing Aids**

“Hey Jim”, called Harry. “Check out my new hearing aids, they work so well, I could hear a pin drop!” “Really” asked Jim, that’s unbelievable, I am actually on the market for hearing aids, what type is it?” “Four a clock”, responded Harry.



.....to those members who celebrate their birthdays in September:

John Hogan (1st), Tricia Kristensen (10th), Judith Griffith (14th),

Rita Thomas (14th), Roger Thomas (16th)