

May, 2014

Volume 11, Issue 5



# Maroondah Message

## Dates to Remember

- **May 31**—Breakfast at Littorio's Café
- **June 2**—Branch Meeting at Maroondah Sports Club
- **June 3**—Morning Melodies, Women of the 60s
- **June 5**—Walk at Ringwood Lake
- **June 12**—Lunch at Maroondah Sports Club
- **June 15**—Afternoon Tea at Banksia Nursery
- **June 19**—North Carlton Historical Walk
- **June 26**—Coffee at Café Zukka

## MAY MEETING

**Speaker**, Rianna Mahony from **Maroondah Council's Major Development Team**, provided us with a quick snapshot of what Ringwood will look like once all the developments are completed. As well as more retail space, there will be a library, learning and cultural centre. This state of the art facility will be incorporated into the new town square and located on Maroondah Highway. This will include a designated art gallery, as well as other exhibition spaces. There will be open air gathering spaces, café area incorporating reading spaces with collections of magazines and newspapers. It will be a place which will engage people from all sections of the community.



## NEXT MEETING

**Our next meeting** will be held on Monday, June 2 in the **Balcony Room** at Maroondah Sports Club, Mt. Dandenong Road, Ringwood East. Our speaker will be **Steve Zanon** from **Proactive Ageing Pty. Ltd.**

Steve Zanon formed Proactive Ageing to equip the people in our community with the right skills to build and maintain their daily vitality. His goal is to provide age specific fitness education and training activities focused on our needs for the second half of our lives. Steve comes highly recommended and is a vibrant and motivating speaker. His main emphasis will be on **Brain Training** to keep our minds active and healthy.

When entering Maroondah Sports Club for our meeting could you please, where possible, **use the stairs** rather than the elevator as the stairs will bring you out in the correct meeting room near the registration desk. Also, please register and pay at the desk before proceeding to the trading table or other areas of the meeting room. Don't forget to collect your **name tag** or, if you have taken it home, please bring it along with you.

**Courtesy please:** As a courtesy to speakers and other members, please refrain from talking during presentations. It is always tempting to make a comment to neighbours during an interesting talk, but this can be very distracting, both for the presenter and the audience.

## MAROONDAH SPORTS CLUB

As part of our deal with the **Maroondah Sports Club** we expect our members to join this fine local club. The cost is \$18 per year single or \$22 a couple. This brings significant benefits, including 10% discount on all bar purchases and special offers on Thursday nights. You can find out more and download a membership application from their web site: **www.maroondahclub.com.au**

**COMMITTEE NOMINATIONS**

If you are interested in joining our Branch Committee, speak to a Committee member at the next meeting or by telephone. Nomination forms will be available at the meeting. Our Annual General Meeting will be held in August. Committee members assist with various tasks including organising speakers, dine-outs, walks and other social functions. The more people there are to share the tasks, the better. Also, new committee members can provide a fresh outlook and new ideas for our branch .

**WALKING GROUP**

**Thursday, June 5— Ringwood Lake Walk** Meet at the Lake car park. Access to this is from Mount Dandenong Road, down a driveway just before the Caltex petrol station, when heading towards Ringwood. This is a pleasant walk around the lake and up to Dublin Road into Railway Parade, East Ringwood, where we partake of morning refreshments at one of the local coffee shops.

We then retrace our steps back to the lake. A second circuit of the lake can be completed by the more energetic.

**If there is heavy rain the walk will be cancelled and we will meet at Myer Cafeteria for coffee at 9:30 am. Current regular walks begin at 9:30 a.m.**

**SPECIAL NORTH CARLTON HISTORICAL WALK**

**Thursday, June 19.** We will take the 9:09a.m. train from Ringwood Railway Station (second last carriage), to Melbourne Central. From here we will board the Swanston Street tram to Melbourne University, then begin our walk down Faraday Street. Highlights of the walk are:

- Lee Street Primary School (Gothic Revival Style)
- House in Dorrit Street, Carlton—1950s crime scene
- Various historic churches
- Curtain Square
- Victorian and Georgian style houses
- Cable tram buildings

We will return to Lygon Street for lunch.

**Please contact Mel 9870 1597 for more details about any of the walks.**



**Coffee Shop**

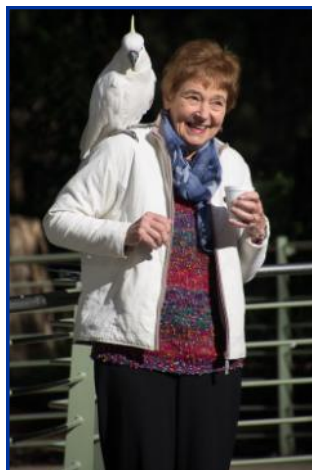
Don't forget our regular fourth Thursday coffee event at Café Zukka, at 2.00p.m. in Eastland, near the stage at the rear of Myer. No need to book, just come along for a friendly coffee, chat and perhaps a cake. Members and friends welcome.

Thursday, June 26

We hope to see you there.

**COACH TRIP TO CRANBOURNE BOTANIC GARDENS**

The trip was most successful and greatly enjoyed by all those who attended.



*Dine-Outs Coming Up*



**Lunch: Thursday, June 12—12.30p.m.**  
**Maroondah Sports Club**, Mt. Dandenong Road, Ringwood East

**Breakfast: Saturday May 31—9:30a.m.**  
**Littorio's Café**, 168 Main Street, Croydon

**Afternoon Tea: Sunday, June 15—2:00p.m.** **Banksia Nursery**, 530 Burwood Highway, Wantirna South

**IMPORTANT REMINDERS**

If you need to cancel a booking that you have made for a **lunch** or **dinner** dine-out, please contact Trish Nixon on **9725-5883**.

For **breakfast and afternoon tea** cancellations please call Judith Griffith on **9726 5494**.

***Please remember that it is most important, if you have booked for an event and are unable to attend, that you cancel your reservation as soon as possible. It can cause embarrassment to the organizer if people who have booked do not attend and the venue has prepared for a larger group.***

**Also, don't forget to bring along enough cash to pay for your share of the bill as credit card payments are not acceptable, due to many establishments not accepting bill-splitting.**

**LUNCH AT THE MOVIES—MAY**

Join us for the Seniors Lunch at the Movies at Hoyts Eastland. It costs \$14.50 for the cinema entry and a basket lunch. The movie starts at 10:30 followed by the lunch including tea and coffee. Meet at the theatre at 10:00 am.

**Wednesday, May 28— Belle** is based on the true story of Dido Elizabeth Belle, who was the illegitimate daughter of a Royal Navy Admiral and a negress slave. Belle was a remarkable figure in 18th century society, being the first mixed-race woman to be raised as an aristocrat.



**TRADING TABLE**

We are always on the look-out for items to sell, so bring along your pre-loved books and bric-a-brac, as well as your excess garden produce such as parsley, lemons and silver beet.

**GOURMET HAMPER LUCKY TICKET COMPETITION**



We are fortunate to have received donations of fundraising hampers from our local MPs, Michael Sukkar and Dee Ryall. We will use these to raise funds for our branch. Tickets will be sold at the June meeting, for the first hamper, at a price of \$1 each or 3 for \$2. Don't forget to bring along your gold coins so that you can be in the running to win one of these delicious hampers.



**MAROONDAH-RINGWOOD BRANCH**

Correspondence to:  
 Secretary  
 National Seniors Australia  
 PO Box 582  
 Croydon, Vic 3136

**Contributions to the Newsletter**

**Carol O'Brien**  
 at the meeting or emailing to:  
 carol.obrien6@gmail.com

**Visit us on the web at:**

www.seniorsmaroondah.com

**Our Committee**

**President:**

Helen Fox .....9879 4058  
 email: helenfox70@gmail.com

**Vice-President:**

Trish Nixon 9725 5883

**Secretary:**

Carol O'Brien 9722.9870

**Treasurer:**

Peter Feeny .....9879 0622

**Policy Officer**

Helen Fox .....9879 4058

**General Committee:**

- Anne Hamilton .....9723 0649
- Judith Griffith .....9726 5494
- Anne Keegel .....9879 0323
- Mel Lawrence .....9870 1597
- Thelma Licheri .....9876 3770
- Kathleen Jackson 9723 4919
- Gilda Lawrenson 9870 0819

YOU KNOW YOU'RE GETTING OLD  
 WHEN YOUR BANK SENDS YOU  
 THEIR FREE CALENDAR...



ONE MONTH AT A TIME!



**POSTAGE STAMPS**

Thanks to those who have passed on their used postage stamps to Helen Fox, whose friend donates them to charity. Please keep them coming, as this is an ongoing collection.

**DATES FOR YOUR DIARY**

**Tuesday, July 15—Morning Melodies and Christmas in July Lunch at Karralyka Centre.** Payments will be collected at the June meeting.

**Monday, July 21—Tour of Her Majesty's Theatre followed by lunch.** Cost is \$25 for tour and lunch. More details will be provided later.

**Thursday, December 4—COBA Christmas Lunch at Sky High, Mt. Dandenong**

**PRODUCTIVE AGEING FORUM 2014**

This Forum will be held on Tuesday, June 24, 2014 from 10:00 a.m.—3.30p.m. at Village Roadshow theatrette, State Library of Victoria, Entry 3, 179a Latrobe Street, Melbourne. This is a free public event presented by the National Seniors Productive Ageing Centre.

If you wish to attend, bookings are essential by Friday, June 20. Book by phone on 9650 6144 or email: vicevents@nationalseniors.com.au. When booking please quote *Productive Ageing Forum 2014*.

More information is available at:

**productiveageing.com.au**

**Newsletter**

We are always on the lookout for contributions. You can send articles, jokes, news and especially pictures. Just e-mail them to me at carol.obrien6@gmail.com or hand them to me at the next meeting.



Don't forget, if you need transport to a meeting or social outing, just call a committee member.

If you know of a member who is unwell, please let us know so that we can send our best wishes. Call the President, Helen Fox on 9879 4058 or Secretary, Carol O'Brien, on 9722 9870.