

MAY, 2017

Volume 14, Issue 5



# Maroondah Message

## Dates to Remember

- **June 1**—Heathmont Rail Trail Walk
- **June 5**—Branch Meeting at Maroondah Sports Club
- **June 11**—Afternoon Tea at Bosses Boots Cafe
- **June 15**—Mullum Creek Walk
- **June 22**—Lunch at Sweet Lime Café
- **June 23**—Mooroolbark Theatre
- **June 25**—Train trip to Tyabb
- **June 29**—Bayswater Walk

## MAY MEETING



Members enjoyed a change of pace at our May meeting with a chance to socialise over afternoon tea, prior to our Trivia Quiz.. We received some very positive feedback with many

people saying that they enjoyed the opportunity to talk to and get to know members they did not know beforehand. We are considering making this type of get-together an annual event. Thanks to all those who participated.



## NEXT MEETING

Our next meeting will be held at Maroondah Sports Club on **Monday, June 5**. Entry for members is at 1:40 p.m. with a \$4 entry fee which covers room hire and administrative costs, as well as afternoon tea and a ticket into our lucky door prize competition.

Member, **Carol Walker**, will speak about the work she does with senior citizens, helping to compile their life stories.

You can pay for any **Morning Melodies, Mooroolbark Theatre, Christmas in July** or other bookings you have made.

We look forward to seeing you at the June meeting.

## Coffee

There will be **no coffee gathering in June**. Our next coffee event will be held on Thursday, July 27 at 2:00 p.m. at **Café Zukka, Eastland**. No need to book, just come along for a friendly coffee, chat and perhaps a cake. Members and friends welcome.



We hope to see

## **WALKING GROUP**

**All walks starting at 9:30.**

**Thursday, June 1—Heathmont Rail Trail** - Starting out from Ringwood Lake car park off Mt. Dandenong Road, to Heathmont via the Heathmont Rail Trail.

**Thursday, June 15—Mullum Mullum Creek Walk** This is one of our longer walks—approximately 45 minutes each way— but is fairly flat. Meet in the car park at the rear of Sofia's restaurant. We walk along the creek to Café Torrente for morning tea before returning to Sofia's.



Short version:- Meet the rest of the group as they cross Oban Road—approximately 20 minutes later than the walk starting time.

**Thursday, June 29—Bayswater** starting from H.E. Parker Reserve (Melways Map 64 C2) - This is easy treed walk about 35 minutes each way.

**\*\*Please note arrangements for wet weather days or days of extreme heat:**

**We will meet at the usual meeting place for the walk of the day and then drive to the café we would have walked to.**

**Please contact Peter Feeney, 9876 1577, this month for more details about any of the walks.**

### **TRAIN TRIP TO TYABB**

**Arrangements are as follows:**

**Sunday, June 25**

We will take the 9:15 a.m. train from **Ringwood Station**, using our free weekend travel facility, changing trains at **Richmond** and then **Frankston** to the Tyabb Packing House, arriving around 11:30 a.m.

Located at 14 Mornington Tyabb Road, Tyabb, Victoria, Australia the Tyabb Packing House Antiques complex has over 1/2 a hectare of undercover space. It is one of the largest locations in Australia to focus on antiques, deco, old wares, retro, vintage with specialist dealers present on-site.



There are also a number of craft artisans located in the grounds, as well as many other attractions to keep us busy after having

lunch at one of the cafes (at own cost). We will return to **Ringwood Station** around 6:30 p.m.

We have already received several bookings for this outing. You can book online or at our June meeting with no payment required.

### **ACTIVE & HEALTHY AGEING INITIATIVE IT CLINIC**

The Active & Healthy Ageing Initiative in conjunction with Heathmont College invites residents to participate in the expanded program in a new location.

This is an Intergenerational Training opportunity for older Maroondah residents to receive free I.T. assistance from Year 9 students.

Topics include:

- Using Word & Excel
- How Skype Works
- Help with using iPad & iPhone
- How to take photos and store them
- How to download apps.

**You can find out more about dates etc. by phoning the Active & Healthy Ageing Co-ordinator on 9294 5790.**

## *Dine-outs Coming Up*

**Lunch: Thursday, June 22 at 12:30 p.m. - Sweet Lime Cafe,** 630 Mitcham Road, Mitcham. (Modern café style menu— food and service are highly recommended by Trish Nixon)

**Lunch bookings** can be made on line or by phoning **Trish Nixon** on **9725 5883**.

**Afternoon Tea: Sunday, June 11 at 2:00 p.m.—Bosses Boots Café,** (a newly opened venue) 1 East Ridge Drive, Chirnside.

**Afternoon Tea bookings** can be made on our **web site** or by telephoning **Judith Griffith** on **0413 472 697**.

**In the event that you book for a dine-out and are unable to attend, please let the person responsible for the booking know as soon as possible.**



## **MORNING MELODIES AT KARRALYKA—2017**



**Tuesday, July 11—Movie Screening: *My Fair Lady*** The unforgettable Audrey Hepburn and Rex Harrison grace the screen of Karralyka in this classic movie.

**Tuesday, August 8—Lanza Sings Again** Tenor Roy Best stars as Mario, along with soprano Alison Jones as Kathryn Grayson. Experience the incredible life story of Mario Lanza featuring some of his most well-known songs.

**Tuesday, November 21—Great Composers of London's West End—**Philip Gould leads a talented cast of performers in this wonderful narrative tribute to Lloyd Webber, Elton John, Richard Rogers and many more.

**All of these performances will be preceded by a delicious morning tea beginning at 9:45 a.m.**

**Film screenings cost \$11 including morning tea.**

**Live performances are \$19.50 including morning tea.**

## **BIRTHDAY WISHES**

Our best wishes go to the following members who celebrate their birthdays in **May**:

***Gertraud Lederer & Marilyn Waters.***

A special belated birthday wish goes to **John Jensz**, who celebrated his birthday in April.

If you have not yet registered your birthday, and would like to, you can do so at the next meeting you attend.



**MAROONDAH-RINGWOOD  
BRANCH**

Correspondence to:  
Secretary  
National Seniors Australia  
PO Box 582  
Croydon, Vic 3136

**Contributions to the Newsletter**

Carol O'Brien  
at the meeting or emailing to:  
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**Visit us on the web at:**

www.maroondahnationalseniors.org.au

**OUR COMMITTEE**

**President:**

Helen Fox .....9879 4058  
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**Vice-President:**

Trish Nixon                   9725 5883

**Secretary:**

Carol O'Brien               9722.9870

**Treasurer:**

Peter Feeney .....9876 1577

**Policy Officer**

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**General Committee:**

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Judith Griffith .....0413472697  
Kathleen Jackson   9723 4919  
Gilda Lawrenson     9870 0819  
Rhonda Walker       0402 673 716  
Marilyn Waters       9725-3079  
Peter Waters          9725-3079  
Marilyn Hurst.       8802-0334

**GET WELL WISHES...**



to all our members who are unwell. If you know of anyone who is sick at home or in hospital please contact the Secretary, Carol O'Brien on 9722 9870 or President, Helen Fox on 9879 4058 so that we can send them personal messages. Our special thoughts are with

**Peg Moore** who is in hospital following a fall.

**DATE FOR YOUR DIARY**

**Christmas in July at Club Ringwood  
Wednesday July 12, 2017**

**\$28:00 per person**

**Includes:** Morning Melodies with  
Brendan James



**and a three course luncheon.**

You can book online or at our June meeting.

**BEWARE THE 'CAN YOU HEAR ME' SCAM**

Australians who receive a phone call that starts with the words "can you hear me?" are being warned to hang up immediately without saying anything.

Police say it is a scam, which has done the rounds in the United States and United Kingdom.

The intention of the call is to record "yes" responses to authorise payments using voice recognition software. Australians are being asked to help spread the word about the scam, and contact police if they have any information.

If you have already received and responded to one of these phone calls you are advised to contact your financial institution.

**Newsletter**

We are always on the lookout for contributions. You can send small articles, jokes, news, travel tips and pictures. Just e-mail them to Carol at:

**carol.obrien6@gmail.com**

If you know of anyone who is sick at home or in hospital please contact the Secretary, Carol O'Brien on 9722 9870 or President, Helen Fox on 98794058 so that we can send them personal messages.