

NOVEMBER, 2017

Volume 14, Issue 11



Maroondah Message

Dates to Remember

- **November 30—**
Taralla Ck Walk Croydon
- **December 4—** *End of Year Lunch at Tokar*
- **December 7—**
Beasley's Walk
- **December 10—**
Afternoon Tea at Moo Bar
- **December 21—**
Heathmont Rail Trail Walk
- **December 30—**
Breakfast at Gracious Grace
- **January 8—***Picnic at Lilydale Lake*

NOVEMBER, MEETING

Hearing Health Awareness was the speakers' topic at our November meeting with Mr D K Ting and his business and life partner, Ms Shuey Lim, from Ivory Hearing. They discussed various aspects of hearing health. Subjects covered included:



- Causes of hearing loss
- Identifying signs of hearing loss
- Consequences of untreated hearing loss
- How to help others hear better
- Getting the most out of your hearing health

Regular hearing check-ups were recommended and were offered at their clinic. You can book a free hearing test by phoning Ivory Hearing on 9844 5863.

"A good relationship starts with good communication."

Coffee

There will be no coffee event in December. Our next coffee gathering at Café Zukka, Eastland will take place on Thursday, January 25 at 2:30 p.m. Come along and enjoy a friendly coffee and chat. There is no need to book.



NEXT MEETING

Our end of year celebration lunch will take the place of our regular meeting on Monday, December 4 (details p.2).

In January we will hold our regular picnic at Lilydale Lake in lieu of our meeting on Monday, January 8.

The next general meeting of our group will take place on Monday, February 5 at Maroondah Club, Mt. Dandenong Road, Ringwood beginning at 2:00 p.m. Entry to members begins at 1:40 p.m. Entry cost is \$4 which includes afternoon tea and entry into our lucky door prize competition.

WALKING GROUP

All walks starting at 9:00 a.m. for the summer months.

Thursday, December 7—Beasley’s starting out from the carpark at the rear of the Hockey Centre on Reynold’s Road, near the intersection of Springvale Road, Melways Map 34 G7. We walk along the scenic Mullum Creek Linear Park to this popular nursery to partake of a refreshing tea or coffee, before returning along the park.

Thursday, December 21—Heathmont Rail Trail - Starting out from Ringwood Lake car park off Mt. Dandenong Road, to Heathmont via the Heathmont Rail Trail.

****Please note arrangements wet or extremely hot days:**

We will meet at the usual meeting place for the walk of the day and then drive to the café we would have walked to.

Please contact Peter Feeney, 9876 1577, this month for more details about any of the walks.



Best wishes to members who celebrate their birthdays in October:

Alan Floyd, Marilyn Hurst, Thelma Licheri, Kathleen Jackson, Rhonda Walker and Des O’Brien

If you have not yet registered your birthday, and would like to, you can do so at the next meeting you attend.

**End-of-Year Celebration Lunch
at Tokar Estate, 6 Madden’s Lane Coldstream
Monday, December 4**

Our end-of-year luncheon this year will be held at Tokar Estate and Winery. The meal will consist of three courses with a selection of three different entrees, mains and desserts served alternately. The selection will be made by Tokar from their gourmet Summer Menu. Also included will be a complimentary wine or soft drink on arrival with tea/coffee at the conclusion of the meal.



The cost is a very reasonable \$48 per person.

Arrive at **12:00 noon** for a pre-lunch wine tasting in the winery followed by table seating for lunch in the restaurant at **12:30 p.m.**

You can still book online or by phoning Peter Feeney. Pay by direct bank deposit or by sending a cheque to Peter at 11 O’Neill Way, Warranwood, 3134.

Dine-outs Coming Up



Afternoon Tea: Sunday, December 10 at 2:00p.m.– Moo Bar, 9/91 Brice Avenue, Mooroolbark.

Breakfast: Saturday, December 30 at 9:30 a.m. - Gracious Grace, Castella Street, Lilydale

Breakfast and Afternoon Tea bookings can be made on line or by phoning **Judith Griffith** on **413472697**

In the event that you book for a dine-out and are unable to attend, please let the person responsible for the booking know as soon as possible.

Please book early to assist with the organisation of the outing.

MOONRAKER DOLPHIN CRUISE

Our friends at Lilydale branch have invited us to join them for a one and a half hour cruise aboard **Moonraker** to see the dolphins and seals in Port Phillip Bay.

The boat departs from Sorrento Pier at 12:00 noon on Sunday, March 4. Adults \$25 Children \$10. (The regular price is \$45-\$60).

This outing is available to anyone you know—family, friends etc.

You can book via our website. Bookings close on February 5.



YARRA GLEN TROTS

A group of around 20 members enjoyed a very pleasant luncheon and day at Yarra Glen



harness racing on Thursday, November 9. The weather was extremely kind with a sunny day of around 24 degrees. Lots of laughs and the odd successful flutter combined to make the day perfect. We look forward to the second instalment of this function in April.



MAROONDAH-RINGWOOD BRANCH

Correspondence to:
 Secretary
 National Seniors Australia
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Contributions to the Newsletter

Carol O'Brien
 at the meeting or emailing to:
 carol.obrien6@gmail.com

Visit us on the web at:

www.maroondahnationalseniors.org.au

OUR COMMITTEE

President:

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Vice-President:

Gilda Lawrenson 9870 0819

Secretary:

Carol O'Brien 9722.9870

Treasurer:

Peter Feeny9876 1577

General Committee:

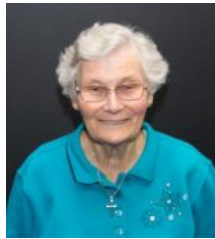
Anne Hamilton0408382608
 Judith Griffith0413472697
 Kathleen Jackson 9723 4919
 Trish Nixon 9725 5883
 Peter Waters 9725-3079
 Marilyn Hurst. 8802-0334
 Lyn Paten 9729 8717

GET WELL WISHES...



to all our members who are unwell. If you know of anyone who is sick at home or in hospital please contact our Welfare Officer, **Anne Hamilton** on 0408 382 608 so that she can send them personal messages.

KNOW YOUR COMMITTEE MEMBERS



Judith Griffith is one of our Committee members. Judith researches and books our Breakfast and Afternoon Tea locations. Those who attend these outings will agree that she does an excellent job in choosing some most enjoyable venues. If you haven't attended one, why not come along to one in December.



<https://www.facebook.com/nsamaroondah/>

DATE FOR YOUR DIARY

JANUARY PICNIC—MONDAY JANUARY 8

Our January picnic will be once again held at Lilydale Lake on Monday, January 8 beginning at 12:00 noon. Other venues were considered and explored but Lilydale was considered to have the best facilities for our requirements.

Monday, January 8 is the second Monday of the month as we will all probably need a sleep-in on New Year's Day!!

More details will be provided in the December Newsletter so put the date in your diary (if you have a 2018 one already).



Newsletter

We are always on the lookout for contributions. You can send small articles, jokes, news, travel tips and pictures. Just e-mail them to Carol at:

carol.obrien6@gmail.com