

October, 2014

Volume 11, Issue 10



Maroondah Message

Dates to Remember

- **October 28** - Lunch at Banksia Nursery Cafe
- **October 30** - Walk at Warrandyte
- **November 3**—Branch Meeting at Maroondah Sports Club
- **November 6**— Taralla Creek Trail walk
- **November 11**—Dinner at Da Ricardo's
- **November 20**—Special Historical Walk in Kew and Hawthorn.

NEXT MEETING

Our next meeting will be held on Monday, November 3 at Maroondah Sports Club. Our guest speaker will be our popular member, Xanthoula Wrigley. Xanthoula will speak about her family in Greece sheltering a young Australian soldier who had escaped from a German prisoner of war camp during World War 2. That soldier, Slim Wrigley, ultimately became her beloved husband of 45 years.

OCTOBER MEETING

John Harrison entertained us with tales of the work of an apothecary on the goldfields during the 1860s. During this period an apothecary was called upon to treat a variety of disorders such as coughs and colds, rheumatism, women's problems, wounds, injuries and also perform many others duties, including repelling witches. Some dubious preparations administered by apothecaries included one made with opium and alcohol which was given to babies to cure sleeplessness.



John brought along many fascinating bottles containing potions of all colours as well as a variety of medicinal plants and herbs. Particularly interesting was his bottle containing lightning which he explained had to be round so that, when it was opened, the lightning travelled around the bottle rather than escaping from the top!

All agreed that John's presentation was most entertaining.

THANK YOU TO MEMBERS

Many thanks to members for not arriving before the designated time of 1:40 at our October meeting. This made preparation of the room by Committee members much more manageable. The same arrangement will apply at all future meetings.

ELECTION FORUM

A pre-election forum will be held at Ringwood Sports Club on Wednesday, November 6, beginning at 6:30 p.m. The forum is being organised by National Seniors Australia. Representatives of the major state electoral parties have been invited to attend to speak and answer questions regarding their policies. All members are invited to attend.

MAROONDAH SPORTS CLUB



If you are not already a member of Maroondah Sports club, join up to save yourself the hassle of signing in for every meeting. There are significant benefits for members including 10% discount on bar prices as well as special members' nights with a host of giveaways. Membership costs \$16.50 single and \$22.00 double. Find out more at: www.maroondahclub.com.au

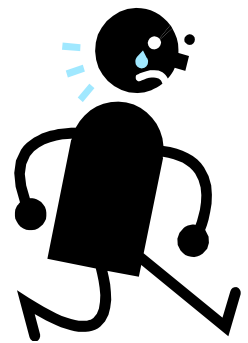
WALKING GROUP

Thursday, November 6 - Croydon along the Taralla Creek Track at Croydon. Park at Eastfield Shopping Centre, Cr. Bayswater and Eastfield Roads. (Melways 50G7). We walk along the trail through to Croydon Main Street, for a coffee break at one of the many cafes before returning along the trail to our cars.

Short version—park at the end of Lusher Road and join the walk as it comes past (approx. 10-15 minutes later)

If there is heavy rain the walk will be cancelled and we will meet at Café Zukka in Eastland at the rear of Myer, near the stage, for coffee at 10:00 a.m. Current regular walks begin at 9:30 a.m.

A special historical walk will be held on Thursday, November 20. Mel is finalising details for this walk which will take in some of the historical buildings in Kew and Hawthorn. The group will take the 9:09 a.m. train from Ringwood to Box Hill and then transfer to tram. More information about the walk will be available later at our November meeting, so make sure that you enter this date in your walking diary.



COFFEE GROUP



Our regular fourth Thursday coffee event will be held at Café Zukka, at

2.00p.m. in Eastland, near the stage at the rear of Myer. No need to book, just come along for a friendly coffee, chat and perhaps a cake. Members and friends welcome.

Thursday, November 27

We hope to see you there.

There will be no afternoon coffee gathering during December and January.

LES MISERABLES PERFORMANCE

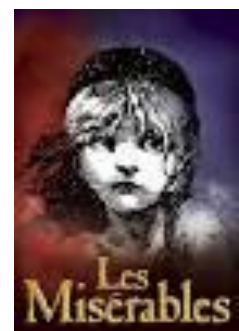
Wednesday, November 19

The performance begins at 1:00 p.m.

Members who wish to travel as a group should take the 10.25 a.m. train from Ringwood Railway Station and travel in the second carriage from the front to Parliament Station.

This will allow plenty of time for everyone to have a light lunch, at a place of their own choosing, before the performance begins.

Please meet at Her Majesty's Theatre by 12:30 p.m.



Dine-Outs Coming Up

Dinner: *Da Ricardo's Restaurant*, 122 Bayswater Road, Croydon South on **Tuesday, November 11, 7:00p.m.**

Bookings can be made on our web site, at the November meeting or by telephoning **Trish Nixon** on 9725-5883.



IMPORTANT REMINDERS

Please remember that it is most important, if you have booked for an event and are unable to attend, that you cancel your reservation as soon as possible. It can cause embarrassment to the organizer if people who have booked do not attend and the venue has prepared for a larger group.

If you need to cancel a booking that you have made for a **lunch** or **dinner** dine-out, please contact Trish Nixon on **9725-5883. Please do not call the venue yourself.**

Also, don't forget to bring along enough cash to pay for your share of the bill as credit card payments are not acceptable, due to many establishments not accepting bill-splitting.

MOVIE LUNCHEON IN NOVEMBER

Join us for the Seniors Lunch at the Movies at Hoyts Eastland. It costs \$14.00 for the cinema entry and a basket lunch. The movie starts at **10:30** followed by the lunch including tea and coffee. **Meet at the theatre at 10:00 am.**



Wednesday, November 5—Before I Go To Sleep, starring Nicole Kidman and Colin Firth.

This psychological thriller is based on the worldwide best-selling novel about a woman who wakes up every day remembering nothing - the result of a traumatic accident in her past - until one day, new terrifying truths emerge that force her to question everyone around her...

CHRISTMAS EVENTS

Thursday, December 18—Branch Christmas lunch at Wild Cattle Creek Estate, Wandin North, \$49 per person.

Thursday, December 4 -COBA Christmas Lunch at Sky High Restaurant, Mount Dandenong , \$28 per person

Payments for both of these functions will need to be finalised at our November meeting.



**MAROONDAH-RINGWOOD
BRANCH**

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Contributions to the Newsletter

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www.seniorsmaroondah.com

Our Committee

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Carol O'Brien 9722.9870

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Judith Griffith9726 5494

Anne Keegel9879 0323

Mel Lawrence9870 1597

Kathleen Jackson 9723 4919

Gilda Lawrenson 9870 081

DATES FOR YOUR DIARY



Wednesday, November 19, 1:00 p.m.—*Les Miserables*, Her Majesty's Theatre, Exhibition Street, Melbourne.

Thursday, December 4—**COBA Christmas Lunch** at Sky High, Mt. Dandenong

Thursday, December 18—**Branch Christmas Lunch** at Wild Cattle Creek Estate, Wandin North.

Please remember that if you need transport to a meeting or social outing, just call a committee member.

If you know of a member who is unwell, please let us know so that we can send our best wishes. Call the President,

Helen Fox
on 9879
4058 or
Secretary,
Carol
O'Brien, on
9722 9870.



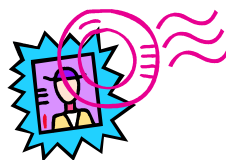
THE OUTDOOR GUY

During my routine physical examination, my doctor asked me about my physical activity



level. I described a typical day: "Well yesterday afternoon, I took a five hour walk about 7 miles through some pretty rough terrain. I waded along the edge of a lake. I pushed my way through brambles. I got sand in my shoes and my eyes. I avoided standing on a snake. I climbed several rocky hills. The mental stress of it all left me shattered so, at the end, I drank eight beers." Inspired by the story the doctor said, "You must be one hell of an outdoors man!" "No," I replied. "I'm just a terrible golfer."

POSTAGE STAMPS



Don't forget to pass on your used postage stamps to

Helen Fox whose friend collects them for charity. This is an ongoing collection. Many thanks to those people who have already contributed.

TRADING TABLE

Keep your donations coming for the trading table. It is good to know that proceeds from your donations and purchases directly benefit our Branch. Some of the proceeds this year will go towards making up special hampers for door prizes at our Christmas Lunch at Wild Cattle Creek. Bring along your pre-loved, later edition novels, excess garden produce and knick knacks.

